

91 Queen Street, Campbelltown NSW 2560 P.O. Box 685, Campbelltown NSW 2560

Phone:4645 4523

Please Indicate, ALL Meal Preferences by marking tick box

Client Name _	 _
Run Number	

Beef - Main Meals - 360g	Tick Box	Office
BBQ Marinated Beef Stir Fry with Rice		RK
Beef & Green Bean Casserole		F
Beef & Potato Hot Pot		F
Beef & Vegetable Stir Fry		В
Beef Bourguignon & Vegetables		S
Beef Lasagne		В
Beef Stroganoff with Macaroni		MY
Braised Steak & Onion Gravy		В
Cottage Pie & Vegetables		В
Curried Sausages & Vegetables		В
Meatballs & Spaghetti in Napoli Sauce		S
Meatloaf with Vegetables		В
Rissole, Vegetables & Gravy		В
Roast Beef, Vegetables & Gravy		В
Sausage, Mash, Vegetables & Gravy		В
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley sauce		В
Spaghetti Bolognaise		F
Steak & Kidney Pie		В
Steak & Mushroom Pie		MCS
Steak & Mushroom Pie Veal Schnitzel & Gravy		F
	Tick Box	1
Veal Schnitzel & Gravy	Tick Box	F Office
Veal Schnitzel & Gravy Chicken - Meals - 360g	Tick Box	F Office Use
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables	Tick Box	F Office Use B
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables	Tick Box	F Office Use B
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie	Tick Box	F Office Use B S
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole	Tick Box	F Office Use B S F
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole Chicken Fettuccine	Tick Box	F Office Use B S F B
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole Chicken Fettuccine Chicken Lasagne	Tick Box	F Office Use B S F B B F
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole Chicken Fettuccine Chicken Lasagne Chicken Parmigiana & Vegetables	Tick Box	F Office Use B S F B B F S
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole Chicken Fettuccine Chicken Lasagne Chicken Parmigiana & Vegetables Chinese Chicken & Vegetables	Tick Box	FOUNCE USE B S S F B B B F S B B B B F S B B B B B
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole Chicken Fettuccine Chicken Lasagne Chicken Parmigiana & Vegetables Chinese Chicken & Vegetables Crumbed Chicken Tenders & Vegetables	Tick Box	FOUNCE Use B S F B B F B B B F S B B B
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole Chicken Fettuccine Chicken Lasagne Chicken Parmigiana & Vegetables Chinese Chicken & Vegetables Crumbed Chicken Tenders & Vegetables Curried Chicken Mild & Vegetables	Tick Box	FOUNCE USE B S F B B B F S B B B B B B B B B B B B
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole Chicken Fettuccine Chicken Lasagne Chicken Parmigiana & Vegetables Chinese Chicken & Vegetables Crumbed Chicken Tenders & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice	Tick Box	FOR CONTINUE OF THE PROPERTY O
Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Casserole Chicken Fettuccine Chicken Lasagne Chicken Parmigiana & Vegetables Chinese Chicken & Vegetables Crumbed Chicken Tenders & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables	Tick Box	FOUNCE Use B S F B B F S B B RK F

Delivery Day /s

Quantities

Start Date:

Lamb - Meals - 360g	Tick Box	Office Use Only
Irish Lamb Stew		F
Lamb & Rosemary Pie		MCS
Lamb Casserole		В
Lambs Fry, Bacon & Gravy		В
Lancashire Hot Pot		В
Mild Lamb Curry & Vegetables		F
Roast Lamb, Vegetables & Gravy		S, B
Shepherds Pie & Vegetables		F
Pork - Meals - 360g	Tick Box	Office Use
Bacon & Potato Slice		F
Honey Pork & Pineapple Casserole		В
Macaroni Ham & Cheese		F
Pork Meatball with Creamy Mushroom Sauce	<u>e</u>	F
Roast Pork, Vegetables & Gravy		S,B
Smothered Pork in Apple Sauce		В
Sweet & Sour Pork		В
Seafood - Meals - 360g	Tick Box	Office Use
Cheesy Tuna Bake		В
Crumbed Fish & Chips		S,
Crumbed Fish & Potato Bake		В
Curried Prawns, Rice & Vegetables		RK
Salmon Patties & Vegetables		В
Smoked Cod & Parsley Sauce		В
Steamed Fish & Lemon Sauce		В
Tempura Fish Bites, Chips & Vegetables		В
Vegetarian - Meals - 360g	Tick Box	Office Use
Mixed Vegetable Curry		F
Pumpkin & Spinach Frittata		В
Pumpkin & Spinach Risotto		F
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Spinach & Ricotta Cannelloni		В
Spinach & Ricotta Cannelloni Vegetable Pasta Bake		В
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties		-
Spinach & Ricotta Cannelloni Vegetable Pasta Bake		B B B
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties	Tick Box	B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range		B B B Office
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche		B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato		B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Lamb Chump Chop with Homemade Onion Gravy		B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Lamb Chump Chop with Homemade Onion Gravy Grilled Barramundi Fillet with Ginger,		B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Lamb Chump Chop with Homemade Onion Gravy Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice		B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Lamb Chump Chop with Homemade Onion Gravy Grilled Barramundi Fillet with Ginger,		B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Lamb Chump Chop with Homemade Onion Gravy Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice Pan Grilled Chicken Breast, with Grain		B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Lamb Chump Chop with Homemade Onion Gravy Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice Pan Grilled Chicken Breast, with Grain Mustard Cream Sauce Honey Curry Chicken with Steamed Rice Quiche with Bacon, Spinach & Cheese with		B B B Office Use
Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties Vegetable Quiche Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Lamb Chump Chop with Homemade Onion Gravy Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice Pan Grilled Chicken Breast, with Grain Mustard Cream Sauce Honey Curry Chicken with Steamed Rice		B B B Office Use

Revised 27/2/2018 BM Please Turn Over

Beef - Mini Meals - 220g	Tick Box	Office
Beef Lasagne		Use B
Beef Stir Fry		В
Braised Steak & Onion Gravy		В
Cottage Pie & Vegetables		В
Curried Sausages & Vegetables		В
Meatloaf, Vegetables & Gravy		В
Rissole, Vegetables & Gravy		В
Roast Beef, Vegetables & Gravy		В
Sausage, Mash, Vegetables & Gravy		В,
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley Sauce		В
Spaghetti Bolognaise		MCS
Steak & Kidney Pie		В
Steak & Mushroom Pie & Vegetables		MCS
Chicken - Mini Meals - 220g	Tick Box	Office
Apricot Chicken & Vegetables		B
Chicken Casserole & Vegetables		В
Chicken Fettuccini & Vegetables		В
Chinese Chicken & Vegetables		В
Lemon Chicken Schnitzel		В
Mild Chicken Curry & Vegetables		В
Roast Chicken, Vegetables & Gravy		В
Roast Turkey, Vegetables & Gravy		В
		Ottico
Lamb - Mini Meals - 220g	Tick Box	Use Use
Lamb Casserole		В
Lamb & Rosemary Pie		MCS
Lambs Fry, Bacon & Gravy		В
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Lancashire Hot Pot Roast Lamb, Vegetables & Gravy		В
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy		В
Roast Lamb, Vegetables & Gravy	Tick Box	B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g	Tick Box	В
Roast Lamb, Vegetables & Gravy	Tick Box	B Office Use
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake	Tick Box	Office Use
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties	Tick Box	B Office Use B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce	Tick Box	B Office Use B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties	Tick Box	B Office Use B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce	Tick Box	B Office IIse B B B B C Office
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g		B Office Use Office Use
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole		B Office IIse B B B B Coffice Use B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables		B Office Use Office Use
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole		B Office IIse B B B B Coffice Use B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables		B Office Use B B B B B B B B B B B B B B B B B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce		B Office Use B B B B B B B B B B B B B B B B B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce		B Office Use B B B B B B B B B B B B B B B B B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork	Tick Box	B Office Use B B B B B B B B B B Coffice Use B B B B B B B B B B B B B B B B B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese	Tick Box	B Office Use B B Office Use Control Contro
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata	Tick Box	B Office Use B B Office Use B B B B B B B B B B B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata Spinach & Ricotta Cannelloni	Tick Box	B Office Use B B B Coffice Use B B B B B B B B B B B B B B B B B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata Spinach & Ricotta Cannelloni Vegetable Pasta Bake	Tick Box	B Office Use B B Office Use B B B B B B B B B B B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata Spinach & Ricotta Cannelloni Vegetable Pasta Bake Vegetable Patties	Tick Box	B Office Use B B B Coffice Use B B B B B B B B B B B B B B B B B B B
Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Pork Roast, Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata Spinach & Ricotta Cannelloni Vegetable Pasta Bake	Tick Box	B Office Use B B Office Use B B B B B B B B B B B B B

Desserts - 120g	Tick Box	Office Use
Apple Pie & Cream		В
Apple Rhubarb Brown Betty & Custard		В,
Apple, Sultana Crumble with Custard		MCS
Apricot Crumble & Custard		В
Banana Pudding & Caramel Sauce		MY
Blackforest Cheesecake		MCS
Blueberry Crumble with Custard		М
Bread & Butter Pudding		B,M
Butterscotch, Sultana Pudding & Custard		В
Chocolate Mousse	_	S,
Chocolate Mud Cake & Cream		S
Chocolate Mud Cake & Custard		M
Croomy Rice	+	В
Creamy Rice Creamy Rice with a Fruit Puree		B MCS
Frozen Fruit Compote		M
Fruit Salad & Cream		В
Fruit Trifle & Cream	+	В
Golden Syrup Dumpling		MY
Lemon Pudding & Custard	1	MCS
Peaches Jelly with Custard		MCS
Sticky Date with Caramel Sauce		MCS
Strawberry Mousse		s
Tiramisu		MCS
Vanilla Pancotta & Mixed Berries		В,
Breggie Bake - 140g	Tick Box	Office Use
Egg ,Bacon &Cheese		N
Egg Fetta & Spinach		N
Three Cheeses & Black Pepper Omelette		N
Snock Books 200g	Tick Box	Office
Snack Packs - 200g Chicken Lasagne	TICK BOX	Use
		PFD
Fried Rice Macaroni Cheese	+	PFD
Potato Bake		PFD
		PFD
IShadhetti Bolodhaise		
Spaghetti Bolognaise		PFD
Sweet & Sour Chicken		PFD
	Tick Box	1
Sweet & Sour Chicken	Tick Box	PFD Office
Sweet & Sour Chicken Soups - 220g Pumpkin	Tick Box	PFD Office Use
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable	Tick Box	PFD Office Use MY
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable	Tick Box	PFD Office Use MY MY
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham		PFD Office Use MY MY
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches	Tick Box Tick Box	PFD Office Use MY MY MY Office Use
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese		PFD Office Use MY MY MY MY Office
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches		PFD Office Use MY MY MY Office Use
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese		PFD Office Use MY MY MY Office Use PFD
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye		PFD Office Use MY MY MY MY Office Use PFD PFD
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese		PFD Office Use MY MY MY Office Use PFD PFD
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles		PFD Office Use MY MY MY Office Use PFD PFD PFD PFD Office Office
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles Juice - 250ml	Tick Box	PFD Office Use MY MY MY Office Use PFD PFD PFD PFD Office Use Use
Sweet & Sour Chicken Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles Juice - 250ml Apple	Tick Box	PFD Office Use MY MY MY Office Use PFD PFD PFD PFD Office Office
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